

Child Counselling in Navi Mumbai: Emotional Support That Development Needs

A child who is making progress in occupational therapy but becoming increasingly withdrawn at school. A child whose speech has improved significantly but who refuses to participate in classroom activities. A child whose behaviour at home is escalating despite consistent therapy attendance. Development doesn't happen in one dimension — and when the emotional picture isn't being addressed, progress in other areas stalls. [Child counselling in Navi Mumbai](#) at Aakaar is built into the multidisciplinary model rather than treated as an optional add-on.

reach your potential
Aakaar
Child Development & Learning Center

CHILD COUNSELLING IN NAVI MUMBAI: EMOTIONAL SUPPORT THAT DEVELOPMENT NEEDS

EMOTIONAL WELL-BEING
Understand Emotions & Express Feelings
Build Resilience
Manage Anxiety

OCCUPATIONAL THERAPY
Develop Motor Skills & Coordination
Improve Fine Motor Skills
Foster Independence

SPEECH THERAPY
Enhance Communication
Improve Articulation
Build Vocabulary

SENSORY INTEGRATION
Regulate Sensory Processing
Improve Focus
Calm & Centering Activities

BOOK A CONSULTATION: AAKAAR CHILD DEVELOPMENT CENTER, NAVI MUMBAI
☎ +91 99XXXXXXX 📍

[Aakaar Child Development Center](#) provides counselling for children, adolescents, and parents as part of the same integrated practice that delivers [Child Occupational Therapy in Navi Mumbai](#) and speech therapy. The

counselling team works with the clinical team — which means the counsellor understands what is happening in therapy and the therapists understand what is happening emotionally.

What Child Counselling Covers

Counselling at Aakaar addresses emotional regulation — the ability to manage feelings and reactions in proportionate, appropriate ways. Children with developmental challenges often experience significant frustration, anxiety, and social difficulties that aren't addressed by occupational or speech therapy alone. [Child Psychologist in Navi Mumbai](#) assessments identify the emotional and psychological dimensions of a child's presentation before the counselling approach is determined.

Behavioural concerns — persistent non-compliance, aggression, emotional outbursts, self-injurious behaviour — are addressed through evidence-based approaches that look for the function of the behaviour rather than attempting to suppress it without understanding it.

Parent Counselling and Guidance

[Signs Your Child May Need](#) support are sometimes first noticed by parents who are themselves managing significant stress — the demands of navigating developmental diagnoses, school placement decisions, therapy schedules, and family dynamics simultaneously. Aakaar's counselling services extend to parents, providing guidance and practical strategies that allow therapeutic work to continue at home.

Parent workshops run regularly at the [Child Development Centre in Navi Mumbai](#) — covering topics that directly affect daily management of children with specific needs. [Early Childhood Development](#) knowledge helps parents understand what is developmentally expected, what signals warrant professional attention, and how to structure home environments that support rather than undermine therapeutic progress.

[Child Speech Therapy Centre in Navi Mumbai](#) and occupational therapy are most effective when the child's emotional state supports engagement — which is precisely why counselling runs alongside rather than separately.

Address: Shop No. 5, Plot No. 36, Balaji Residency Trimurti CHS, Sector 42, Seawoods (W), Navi Mumbai, Maharashtra 400706 **Website:**

<https://aakaarcdc.co.in>

