




Pre & Post Surgery Care

Dua Old Age Caring Institution

Comprehensive surgical support designed specifically for elderly patients, ensuring safety, comfort, and optimal recovery at every stage of the journey.



 PRE-SURGERY

Preparing for Safe Surgery

Comprehensive Assessment

Thorough geriatric evaluation examining overall health status, mobility levels, cognitive function, and existing medical conditions to create a complete pre-surgical profile.

Condition Management

Careful monitoring and stabilisation of chronic conditions such as diabetes, hypertension, and heart disease to minimise surgical risks and complications.

Physical Preparation

Nutritional optimisation with protein-rich meals and proper hydration protocols to strengthen the body's natural healing capacity before surgery.

Emotional Readiness

Psychological preparation through compassionate counseling, clear communication about procedures, and anxiety reduction techniques tailored for elderly patients.

♡ POST-SURGERY

Ensuring Smooth Recovery



Expert Medical Care

Our skilled nursing team provides meticulous wound care, infection prevention protocols, and continuous vital signs monitoring to ensure safe recovery.

Pain Management

Tailored pain relief strategies that account for elderly sensitivity, potential medication interactions, and individual comfort needs throughout recovery.

Rehabilitation Support

Early mobilisation programmes and guided physical therapy sessions to prevent complications such as blood clots, muscle weakness, and reduced mobility.

Nutritional Healing

Personalised diet plans rich in proteins, vitamins, and minerals to accelerate tissue repair and restore strength after surgery.

Special Considerations for Elderly Patients

The elderly require unique attention during surgical recovery. Our specialised approach addresses age-specific challenges with proven protocols.



Cognitive Monitoring

Regular assessment for post-operative delirium or confusion with prompt intervention strategies to maintain mental clarity and emotional well-being.



Hydration Management

Careful fluid balance monitoring to prevent dehydration and urinary tract infections, common post-surgical concerns in elderly patients.



Fall Prevention

Comprehensive fall risk assessment with environmental modifications including proper lighting, grab bars, and obstacle-free pathways for maximum safety.



Emotional Wellness

Dedicated companionship and counseling services to reduce post-operative depression, loneliness, and anxiety during the recovery period.

Dua's Commitment to Elderly Surgical Care

Round-the-Clock Care

24/7 trained caregivers providing personalised, compassionate support with immediate response to any need or concern throughout recovery.

Multidisciplinary Team

Collaborative approach involving experienced doctors, skilled nurses, physical therapists, dietitians, and counselors working together for optimal outcomes.

Dignity & Independence

Unwavering focus on preserving dignity, ensuring comfort, and actively restoring independence to help your loved ones return to meaningful daily activities.

- ❑ **Contact Dua Old Age Caring Institution today** to discover how our specialised surgical care programme can support your loved one's complete recovery journey with expertise, compassion, and dedication.

