

Why 'Fast' Driving is Actually Slow and Expensive

There is a myth that driving aggressively gets you to your destination faster. You see these drivers weaving through lanes, tailgating, and slamming on the gas the second a light turns green. AAA Car Driving School is here to tell you that these drivers are wrong. They aren't saving time; they are just burning cash. The smartest driver on the road isn't the fastest one; it's the most efficient one.

Let's break down the logic of stop-and-go traffic. If you race to a red light, you just have to wait longer. You haven't gained any ground; you have just hurried up to stop. A driver who accelerates smoothly and coasts toward the intersection often arrives at the green light while the car is still rolling, allowing them to carry momentum through the turn. This driver arrives at the same time as the aggressive driver but with more gas in the tank and less wear on the brakes. Smooth is fast.

For EV drivers, the stakes are even higher. "Range anxiety" is often a result of a heavy foot. If you drive an electric car like a race car, you will drain the battery rapidly. But if you drive with an understanding of energy flow—using regenerative braking to capture power and keeping speeds consistent—you can beat the estimated range of the car.

Attending a **Top Drive Driving School** shifts your focus from "speed" to "efficiency." We challenge you to gamify your driving. Instead of trying to beat the GPS arrival time by one minute, try to beat your average miles-per-gallon.

Eco-driving is also synonymous with safety. By leaving a larger gap to avoid unnecessary braking, you are also creating a safety buffer that prevents rear-end collisions. By anticipating traffic flow to save gas, you are also spotting hazards earlier than the distracted driver next to you.

Stop driving with your ego. It is expensive and dangerous. Drive with your brain. Efficiency is the mark of a true professional.

Challenge yourself to become a superior, efficient driver by booking a lesson with AAA Car Driving School.